

## Pope's Prayer Network

Pope's Intentions for  
November 2021

During this month, Pope Francis invites people of good will to come together and pray:



**That people who suffer from depression or burn-out will find support and a light that opens them up to life.**

*Let us pray:*

Dear Lord, in your infinite mercy, bring peace and comfort to those who sometimes face days filled with pain and depression. Help them to realize that through you there is joy and the promise of lasting peace.

***Hands on:***

I think of a relative or a friend who is suffering from depression. I try to understand what he is going through. I offer him support and accompany him through my prayers and my friendship.