



CENTRE FOR IGNATIAN SPIRITUALITY

in collaboration with the Pastoral Formation Institute

For Whom

As a Christian you might be looking for something more, something that will deepen your faith and which will help you grow in your spiritual life. You might also feel called to share your faith with others and accompany them on their spiritual journey.

A four-year course in **Ignatian Spirituality and Spiritual Accompaniment** is being offered by the Centre for Ignatian Spirituality.

It is aimed at those who:

- have a desire to deepen their relationship with God;
- are ready to be accompanied spiritually;
- will commit to submit assignments and be assessed by other methods;
- can commit to participate in spiritual events, such as retreats, that form part of the course.

Requirements

Applicants are expected to:

- possess a good knowledge of the English language;
- be capable of writing assignments in English;
- be able to use a computer in order to access material digitally and make online submissions;
- attend at least 80% of lectures of each module;
- attend an initial 5-day silent retreat in full.

How to apply

You are kindly asked to send an email to **cissecretary@jesuit.org.mt**

In your email please include a detailed CV.

After you apply you will be contacted to attend an interview. **Acceptance to the course is dependent on the outcome of the interview.**

Successfully completing the first two years of this course will be considered as one of the requirements needed to continue on to the next two years, which will focus on Spiritual Accompaniment and Retreat-giving.

When and Where

Lectures will be held at: Mount St. Joseph Retreat House, Mosta on Thursdays between 18:30 and 20:30

As per programme, some modules will be held over a weekend.

Course Details for the First Two Years

Duration: two years (6 terms)

Language: English

Start Date: 11/09/2024

End Date : 14/06/2026

Fee: €235 per term*

* fees include all costs of the two residential retreats that form part of the course. These residential retreats are compulsory.

Certification

This course has two exit certificate options:

A **certificate of attendance** for those who do not submit assignments.

A **certificate of achievement** for those who pass all module assessments.

Priority will be given to those participants who opt for an assessed method.

Course programme

| First Year | Second Year |
|--|---|
| <p>2024</p> <p>11 - 15 September Silent retreat</p> <p>19, 26 September 3, 10, 17, 24, 31 October Nature and History of Spirituality</p> <p>7, 14, 21, 28 November 5, 12, 19 December Basic notions of Sacred Scripture</p> <p>2025</p> <p>9, 16, 23, 30 January 6, 13, 20 February Prayer methods</p> <p>22-23 February Communication and group skills</p> <p>27 February 6, 13, 20, 27 March 3, 10 April Autobiography of St. Ignatius and writing a spiritual autobiography</p> <p>24 April 8, 15, 22, 29 May 5, 12 June Principles of Ignatian Spirituality</p> <p>3-4 May Faith and Culture</p> <p>21, 22 June Spirituality and Integral Ecology</p> | <p>2025</p> <p>13, 14 September Self-Awareness</p> <p>18, 25 September 2, 9, 16, 23, 30 October Introduction to Moral Theology</p> <p>6, 13, 20, 27 November 4, 11, 18 December Psychological Dynamics in Spirituality</p> <p>2026</p> <p>8, 15, 22, 29 January 5, 12, 19 February Introduction to Fundamental and Dogmatic Theology</p> <p>28th February - 1st March Introduction to Pastoral Theology</p> <p>26 February 5, 12, 26 March 9, 16, 23 April Introduction to Discernment</p> <p>2-3 May Communal Discernment</p> <p>30 April 7, 14, 21, 28 May 4 June Spirituality and Justice</p> <p>12-14 June End of course retreat</p> |

